



March 21, 2011

Dear Sam,

How are you? You taught us lots. One thing I learned was you should not cook broccoli and cauliflower too long or else all the vitamins will come out and stay in the water. I also learned that we should have at least one handful of vegetables and fruit a day. I never knew that when your body needed calcium it took some from our teeth. Thank you for coming to teach us about all of these things we never knew about until you came.

Yours truly,  
Jenna

