



Dear Sam, march 21

It was so cool to see the amount of sugar in the food I eat. The pop had more sugar than the chocolate.

I would never want a cavity so I do not eat a lot of sugar.

Your students were really nice. It was cool to play the game and make a snack. I eat lots of fruits and vegetables now especially after dessert.

When I was going from table to table I got 38 grams of sugar in total. I read more tables and and eat less sugar.

Yours truly,
Bridgette Thank you!